

TATTOO AFTERCARE

Please read carefully though the following information as it contains everything you need to know to take care of your new tattoo.

A tattoo is essentially an open wound and should be treated as such.

If you follow the below after care advice, you should not experience any difficulty in healing your tattoo.

LEAVING THE STUDIO

A cellophane wrap will have been applied to your fresh tattoo. We ask for you to leave this on preferably until the following morning. Under this wrap you will see a discharge from your tattoo which is made up of residual ink particles, a minimal amount of blood and white blood cells. This is perfectly normal and is important in healing your tattoo. We ask that you keep the tattoo wrapped for this period of time to protect it from any airborne bacteria, clothing particles or contaminants. If your wrap becomes loose or you feel you need to change it, then you should remove and dispose of it and wash your tattoo with the guidance below. If you need to re wrap the tattoo and are using cling film from your kitchen, you should tear a few feet off the role to avoid any food based bacteria that may potentially be sitting on it.



WASHING YOUR TATTOO

You should always ensure you wash hands prior to washing your tattoo. Wash the area with warm water and an unscented anti-bacterial soap. Using clean disposable kitchen towel, dab the area dry, it is important that you dab and do not wipe as this will avoid disturbing the bodies natural healing process. Depending on your home/working environment we may suggest that you cover or wash the area more frequently, please discuss this with us.



CREAM APPLICATION

We advise that you wash and apply cream to your tattoo approximately 3 times a day until your tattoo is healed which can be anything from 4 to 14 days. We recommend a solid formula coco butter, E45 or any un-fragranced moisturiser that does not contain petroleum or lanolin. The cream should be applied sparingly and should soak in to the skin and should not leave a residual layer on the surface. Over creaming could lead to blocked pores, inflamed hair follicles and a poor heal. Not applying enough cream could lead to the tattoo drying, a heavy scab forming which could crack and cause colour loss.



HOW TO HEAL

- It is vitally important that your tattoo is kept clean and dry.
- Do not pick or scratch at your tattoo, this can cause colour loss and potential scarring.
- Avoid prolonged exposure to water, you should not submerge your tattoo in the bath or go swimming for approximately 2 weeks or until your tattoo is fully healed.
- Avoid sun exposure including sun beds for approximately 4 weeks. After this we recommend that factor 50 is applied whilst in the sun as UV light can fade your tattoo.
- Try to wear comfortable non-restrictive clothing as tight clothing can cause friction against the tattoo.
- Try to avoid exercise in the first few days as excessive movement can cause the protective layer of your tattoo to crack and may cause ink loss. Sweat to the area could also carry bacteria introducing and infection.
- Stay hydrated and eat healthily. This will enable your body to heal your new tattoo quickly and sufficiently.
- Failure to follow the advice provided above can lead to a poorly healed tattoo and runs the risk of developing an infection.



NEVERMORE TATTOO

TATTOO AFTERCARE

WHAT TO EXPECT DURING YOUR HEAL

- You may experience some bruising or redness to the area around your tattoo, this is normal and can vary placement to placement
- Your body will produce a lymphatic fluid that develops into a very fine protective scab.
- Similar to sunburn, this scab will peel and flake away- this is exactly the way we expect your body to behave. It is important that you continue to wash your tattoo and do not pick at it as this will cause an open wound and may result in ink loss.
- If you start to experience small yellow pimples around your tattoo, this is an indication that your hair follicles are blocking. This could be caused by over creaming. In this instance we recommend reducing the amount of cream being applied.
- If your tattoo is cracking, this could be an indication it is drying out and you should apply cream more frequently.



TOUCH UPS

On occasions a tattoo may require a touch up. Touch ups are offered free of charge if booked within 6 weeks of your initial appointment. Outside of this time period touch ups will be charged at our minimum set up cost. This excludes tattoos to the hands, feet, necks or fingers where drop out is expected. This will have been discussed with you. If there is evidence that you have failed to properly care for your tattoo and have not followed the after-care instructions, then any touch ups will require payment. Late rearrangement or failure to attend a touch up session will invalidate our free touch up policy and any further appointment will be subject to a new quotation.



HAVING ISSUES?

A lot of the time, when people have a problem with a tattoo, they automatically think it is infected. This is quite unlikely, it is usually just irritated. Generally, an adjustment to the way you're caring for your tattoo or swapping your aftercare will improve your healing process.

If you have any concerns, do not hesitate to contact Nevermore or your artist directly. We can advise via message or telephone. If required, we can book you in for a check up and assess what is causing the irritation and provide information on how to resolve it.

